

# A Study of Health Challenges Faced by Upper Primary Students Before and During Corona Period

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**Abstract:** -The present study shows how the primary students faced the health challenges before and during Corona period. The study is focused on upper primary students of Jaipur district. 60 students were randomly chosen as a sample.

**Keywords:** -Health challenges, upper primary, Corona period.

## I. INTRODUCTION

As man growing toward progress as he is stucking in the trap of problems. Corona pandemic is also a trap of problems. It changed the lifestyle of all human beings. The health issue emerged due to corona pandemic. Before corona it was not focused in such way as during the corona period. It badly affected all the health system of students. Upper primary student's study was going on according to curriculum. Students were attending classes regularly physically they were participating in all the school activities. The teacher's student's interaction and all the school functions were going on in well way there was no need to online mode of study, no much requirement of Technical training programs for teaching staff, members and also for students. Upper primary students enjoying all the physical activities in schools.

During corona period the education industry was badly disturbed. Due to Corona challenges were growing. it was challenging to continue study of the upper primary students and Corona virus was emerging in different variants as Delta, Omicron Karuna virus was emerging in different. Millions of children have been infected by loss and death due to COVID-19. School should be prepared to support a wide range of mental health needs during the pandemic. This includes recognizing sign of anxiety or distress students may be grieving loved ones lost to COVID-19 for example or feeling the stress of lost family income.

mental stress was dominating the students even there was a big problem before students to continue the study because of financial problem they can't purchase mobiles laptops and net connections so they were most rest due to online mode of study the problem of ice it was going and without physical activities students were not physically in the environment of dangerous radiation increasing the Radisson maybe the cause of problem.

The students from the less privileged backgrounds have experienced larger negative impacts due to the COVID-19 outbreak. Reduction in family income, limited access to digital resources, and the high cost of internet connectivity have disrupted the academic life of the students more over changes in daily routine including lack of outdoor activity, disturb sleeping patterns, social distancing has affected the mental health of the students.

## II. HYPOTHESIS

There is no significance different between the challenges faced by upper primary students before and during Karuna period

## III. POPULATION

Upper primary students of Jaipur district

## IV. SAMPLE AND SAMPLING METHOD

60 Upper primary students were chosen randomly of upper primary schools.

## V. TOOL USED FOR THE STUDY

Self-made tool has been used for the collection of data and to measure different variables of study in this research.

## VI. DESCRIPTION OF TOOLS

The objective of the study was to compare the challenges faced by upper primary students before and during corona period there are two variables as independent before and during Corona period independent upper primary students. So first of all try to study with non-standardised tool in survey method. Questionnaire is used to collect the data.

## VII. STATISTICS USED

Mean, standard deviation, t- test.

There is no significance difference between the challenges faced by upper primary students before and during corona period.

Category	Total Students (N)	Mean (M)	Standard Deviation (S)	+& Ratio	Level of Significance
Upper Primary Students before corona period	30	15.33	1.25	0.83	0.05
Upper Primary Students during corona period	30	16.56	1.99		

Degree of freedom (df)  $N1 + N2 - 2 = 30 + 30 - 2 = 58$

### VIII. CONCLUSION

In present study the health issues are focused before and during period of upper primary students. The manner of imparting knowledge of before Corona period and what kind of uncertain changes applied to continue study during corona period. Study attempts to study the mental situation of upper primary students on the basis of different parameters as sleeping habits, daily routine, screen time, panic disorders, social phobia changing psychology etc.

### REFERENCES

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